



Wednesday 29th September

Dear Parents, Carers and Families,

We would like to invite pupils to wear something yellow for **World Mental Health Day supporting Young Minds #HelloYellow** which we will be celebrating on Friday 8th October.

Wear yellow on World Mental Health Day and donate £1! Whether you choose a subtle splash of colour or dress like sunshine from head to toe, together we can show young people they're not alone with their mental health. This can also be worn alongside their school uniform. Whether it's a scarf, hat, or their favourite bow tie, dig out your best yellow clothes and wear them with pride.

Donations this year will need to be made online through our justgiving page that we have set up for Hello Yellow. Please note we will not be accepting cash donations this year. To access our online donation page please [click here](#).

We look forward to seeing everyone in YELLOW on Friday 8th October. Thank you in advance for your donations.

Kind Regards,  
The Chiltern School

## The Chiltern School

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