

# Chickpea pilau



Objective-

To be able to follow a symbol recipe independently or with decreasing support

To be able to adapt a dish to suit personal tastes

1



peel and chop  
potatoes

2



peel and chop  
carrots

3



chop onion

4



fry veg in oil

5



150ml

1 dspn

add rice, water and paste

6



add tomatoes  
and chickpeas

20 mins